

AAOA



PRACTICE RESOURCE TOOL KIT

Patient Resources



Materials presented in this tool kit are intended as resource only and should not be construed as guidance

Patient Resources

Multiple patient education resources can be found at www.AAOAllergy.org. → Patient Resources page:

- What is Allergy?
- What is an Otolaryngic Allergist?
- Allergy Treatment
- Exercising and Allergies
- Allergies and Asthma
- Seasonal Allergies
- Pollen Maps
- A Brief History of Allergy Treatment
- What Are Allergies
- How to Prepare for Your Allergy Testing
- My Allergy Test Was Negative, So What Next?
- Types of Nasal Sprays
- Proper Way to Use a Nasal Spray
- Off to College: Tips for Managing Allergies in a New Environment

The Patient Resources page is being constantly updated so check back for more patient education resources.